



EXAM APPLICATION

ALL FORMS/APPLICATIONS MUST BE TURNED WITHIN 10 DAYS OF TESTING

Name: _____ Age: _____ Rank: _____

REQUIREMENTS

PARTICIPATION: MINIMUM 75% ATTENDANCE

ADDITIONAL: SELF PRACTICE | OPEN MAT | COMPETITION | FRIDAYS

I hereby acknowledge that I have met or exceeded the stated minimum requirements to participate and prepare for this exam.

Applicant Sign _____ Date _____

Teachers and Parents,

At Camarillo Shotokan Karate, we expect students to demonstrate focus, discipline, and respect both inside and outside the dojo. The student above is preparing for their next belt test, and we would appreciate your evaluation in the following areas:

TEACHERS	Excellent	Good	Fair	NOTES
Concentration				
Tenacity				
Respect & Manners				
Academic Performance				
PARENTS				
Practice Habits				
Organization/Cleanliness				
Respect & Manners				
Attitude				

Guardian Sign _____ Date _____

Teacher Sign _____ Date _____

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EXAM FEES
 \$65 UNDER BROWN | \$75 BROWN BELT



CURRENT RANK/KYU
 White 9 8 7 | 6 5 4 | 3 2 1
 Youth ONLY (under 16yrs.) **A or B level** B-striped A-solid

EXAM APPLICANT ACCOUNT WILL BE BILLED ON DUE DATE UNLESS VENMO/CASH WITH APPLICATION

NAME: _____ AGE: _____ DATE: _____

TESTING CRITERIA

Kihon 9 kyu 8 kyu 7 kyu 6 kyu 5 kyu 4 kyu 3 kyu 2 kyu 1 kyu
Kata Taikyoku Heian 1 Heian 2 Heian 3 Heian 4 Heian 5 Tekki Adv. _____
Sparring 5-Step 3-Step 1-Step Jiyu-ippon Jiyu Other: _____

COMPLETE TOP PORTION AND RETURN

KIHON

Techniques _____
accuracy | precision | chamber | wrist | hand | foot | hip position/action

Stances _____
alignment | weight distribution | balance | grace | posture | crescent step | center

Transitions _____
accuracy | balance | grace | posture | center of gravity

Intent/Spirit _____
body language | control | composure | attitude | focus

Notes _____

FAIL	RE-TEST	PASS
1 2 3 4	5 6	7 8 9

KATA

Sequence/Accuracy _____
technical | sequence | timing | dynamic

Power/Connection _____
balance | connection | accuracy | center of gravity

Timing/Rhythm _____
kime/lock out | transitions | breathing | grace/flow

Focus/Intent _____

Bunkai/Application _____

FAIL	RE-TEST	PASS
1 2 3 4	5 6	7 8 9

KUMITE

Targeting/Accuracy _____

Timing _____

Distance _____

Intent/Spirit _____

Notes _____

FAIL	RE-TEST	PASS
1 2 3 4	5 6	7 8 9

PASS of the rank ____ KYU RE-TEST _____ FAIL

Shawn Danaher
 Shawn Danaher, Chief Instructor