



# EXAM APPLICATION

ALL FORMS/APPLICATIONS MUST BE TURNED WITHIN 10 DAYS OF TESTING

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Rank: \_\_\_\_\_

## REQUIREMENTS

PARTICIPATION: MINIMUM 75% ATTENDANCE

ADDITIONAL: SELF PRACTICE | OPEN MAT | COMPETITION | FRIDAYS

I hereby acknowledge that I have met or exceeded the stated minimum requirements to participate and prepare for this exam.

Applicant Sign \_\_\_\_\_ Date \_\_\_\_\_

## Teachers and Parents,

At Camarillo Shotokan Karate, we expect students to demonstrate focus, discipline, and respect both inside and outside the dojo. The student above is preparing for their next belt test, and we would appreciate your evaluation in the following areas:

<b>TEACHERS</b>	Excellent	Good	Fair	NOTES
Concentration				
Tenacity				
Respect & Manners				
Academic Performance				
<b>PARENTS</b>				
Practice Habits				
Organization/Cleanliness				
Respect & Manners				
Attitude				

Guardian Sign \_\_\_\_\_ Date \_\_\_\_\_

Teacher Sign \_\_\_\_\_ Date \_\_\_\_\_

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**EXAM FEES**  
 \$65 UNDER BROWN | \$75 BROWN BELT



**CURRENT RANK/KYU**  
 White  9  8  7 |  6  5  4 |  3  2  1  
 Youth ONLY (under 16yrs.) **A or B level**  B-striped  A-solid

EXAM APPLICANT ACCOUNT WILL BE BILLED ON DUE DATE UNLESS VENMO/CASH WITH APPLICATION

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE: \_\_\_\_\_

**TESTING CRITERIA**

**Kihon**  9 kyu  8 kyu  7 kyu  6 kyu  5 kyu  4 kyu  3 kyu  2 kyu  1 kyu  
**Kata**  Taikyoku  Heian 1  Heian 2  Heian 3  Heian 4  Heian 5  Tekki  Adv. \_\_\_\_\_  
**Sparring**  5-Step  3-Step  1-Step  Jiyu-ippou  Jiyu  Other: \_\_\_\_\_

COMPLETE TOP PORTION AND RETURN

KIHON

Techniques \_\_\_\_\_  
accuracy | precision | chamber | wrist | hand | foot | hip position/action

Stances \_\_\_\_\_  
alignment | weight distribution | balance | grace | posture | crescent step | center

Transitions \_\_\_\_\_  
accuracy | balance | grace | posture | center of gravity

Intent/Spirit \_\_\_\_\_  
body language | control | composure | attitude | focus

Notes \_\_\_\_\_

	FAIL	RE-TEST	PASS
	1 2 3 4	5 6	7 8 9

KATA

Sequence/Accuracy \_\_\_\_\_  
technical | sequence | timing | dynamic

Power/Connection \_\_\_\_\_  
balance | connection | accuracy | center of gravity

Timing/Rhythm \_\_\_\_\_  
kime/lock out | transitions | breathing | grace/flow

Focus/Intent \_\_\_\_\_

Bunkai/Application \_\_\_\_\_

	FAIL	RE-TEST	PASS
	1 2 3 4	5 6	7 8 9

KUMITE

Targeting/Accuracy \_\_\_\_\_

Timing \_\_\_\_\_

Distance \_\_\_\_\_

Intent/Spirit \_\_\_\_\_

Notes \_\_\_\_\_

	FAIL	RE-TEST	PASS
	1 2 3 4	5 6	7 8 9

PASS of the rank \_\_\_\_ KYU  RE-TEST \_\_\_\_\_  FAIL

*Shawn Danaher*  
 Shawn Danaher, Chief Instructor